



## BICYCLE TOURS

This rural region offers miles and miles of tranquil country roads winding past meadows and streams. With gentle rolling hills near the James River and challenging terrain in the Blue Ridge Mountains, Nelson County has something for all skill levels. For general information about cycling in Nelson County, call Martin Versluys at 434-361-9357

### Blue Ridge Parkway Loops

Enjoy views from any of several scenic overlooks along the parkway. The 22-mile ride begins at Royal Oaks Cabins in Love (Milepost 16) and goes south to Tye River Gap and back. For the 40-mile ride described in the

cue sheet below, begin at the same point, but head north to Milepost 0 at Afton Mountain. At this point, take the optional loop through the small hamlet of Afton, home of the legendary Cookie Lady, a weary cyclist's best friend.

0.0 – R Route 814

0.2 – L Blue Ridge Parkway (scenic overlooks into Shenandoah and Rockfish Valleys)

16.2 – L on exit to reach Route 250 East

16.3 – R Route 250 East (Rockfish Gap Tourist Information, long downhill, country store)

19.1 – R Route 750 (Bike Centennial's Route 76)

20.9 – R Route 6 in Afton (home of the legendary Cookie Lady on your right, just across railroad bridge)

Head back up Route 6

22.3 – L Route 250 (watch traffic)

23.5 – R on ramp to Blue Ridge Parkway and Shenandoah National Park

23.6 – L on Blue Ridge Parkway

39.6 – R Route 814

39.8 – Return to Royal Oaks

For Mountain Bikes:

0.0 – From milepost 16 Blue Ridge Parkway – cross the Parkway onto Route 814

Right onto Route 56 to North Fork – follow it back to the Parkway

Right onto the Parkway back to milepost 16

### Oak Ridge Loop

29 miles – begins and ends at Oak Ridge Estate in parking area where Route 650 becomes Route 653

Exit parking area on Route 650 (sharp curve). Turn left

1.5 – R Route 56 The Corner Market, watch traffic!

2.2 – L Route 639

9.5 – L Route 617

19.0 – L Route 623

19.5 – L Route 766 – becomes Route 624

19.6 – L Route 29 Watch traffic, ride single file

### Oak Ridge Loop (cont'd)

- 21.5 – R Route 718
- 23.0 – Bear L on Route 651
- 24.7 – R Route 29 / Route 56 combined. Watch traffic, ride single file
- 26.9 – L Route 653
- 28.9 – L Route 710
- 29.1 – Route 710 becomes Route 650
- 29.3 – Return to parking area near Oak Ridge Estate

### Walton's Mountain Museum Loop

31 miles – Begins and ends at Walton's Mountain Museum on Route 617 (near Route 800) in Schuyler.

- 0.0 – L Route 617 from Walton's Mountain Museum
- 0.4 – R Route 693. Cross Rockfish River
- 2.9 – L Route 722 at T
- 4.9 – R Route 602 at T
- 8.6 – L Route 626 at T (James River, Howardsville, fishing, canoeing, picnicking)
- 14.3 – L Route 627
- 17.5 – Cross Route 6 (mini market on Route 6 in Esmont) Continue on Route 627 through Esmont.
- 19.4 – L Route 715
- 20.1 – R Route 719 at T
- 22.0 – L Route 717
- 22.1 – R Route 630 (Green Creek Road)
- 28.0 – L Route 6
- 29.4 – R Route 800
- 30.8 – R Route 617
- 31.0 – Return to Museum

### Woodson's Mill Loop

24 miles. Begins and ends at Woodson's Mill on Route 778, just off Route 56 in the Lowesville area.

- 0.0 – L Route 778. Woodson's Mill
- 1.2 – Straight through Route 676
- 4.7 – L Routes 151/56 at T
- 5.7 – L Route 56
- 10.2 – L Route 680. Watch mileage. Disregard first 680 turn.
- 14.3 – R Route 56. Massies Mill. R almost immediately Route 666.
- 23.3 – L Route 778 at Lowesville.
- Return to Historic Woodson's Mill

### Virginia Blue Ridge Railway Trail

The first 2 miles of the 7 mile trail has been completed between Piney River and Rose Mill. It's a beautiful and easy trail along the Piney River in Nelson County. There are parking lots at both ends of the trail. The trail is open sunrise to sunset. The final 5 miles should be completed in 2008/09. The trail provides spectacular scenic views of the Piney & Tye Rivers as well as an abundance of wildlife, rock formations and plant life. It provides opportunities for walking, jogging, bicycling, horseback riding and cross country skiing..